

BLUE STAR MOTHERS 2022

CARE PACKAGE SUGGESTED DONATIONS

Remember that homemade cards and handwritten letters
are *always* appreciated!

- Baby wipes, hand sanitizer, sunscreen (no aerosols), lip balm
- Beef jerky, Slim Jims, beef sausage rolls
- Body wash, shampoo
- Candles, air fresheners (no glass; no aerosols)
- Canned meats
- Crossword puzzles, word searches, playing cards
- Dental floss, toothbrushes, toothpaste, mouthwash
- Deodorant (no aerosols), Q-tips, disposable razors
- Dried fruit, fruit snacks, trail mixes
- Eye drops
- Foot/baby powder, pocket tissues, pain relievers
- Coffee (ground or instant), filters, sugar, creamer packets
- Hand/Body lotion
- Hot drinks packets - hot chocolate, spiced cider
- Instant individual soup mixes and hot cereals
- Mints, gum, hard candy
- Nerf or tennis balls, yo-yos, misc small toys or games
- Nuts, sunflower seeds, microwave popcorn
- Peanut butter
- Pop-top canned fruit (no plastic)
- Protein and power bars
- Ready-to-eat chili, pasta, soup in pouch/pop-top lid
- Water enhancers- especially individual portions
- Zip Lock Brand Bags (all sizes, heavy duty)

Please no aerosols, Ramen (instant) noodles, flammables (lighters, matches, hand warmers), nerf guns, pump sprays, plastic containers of fruits, crushable items (crackers or soft bars), liquids, expired or close to expiration items.

Questions – call (716) 450-5593

DEADLINE: 11.30.22